



APPLE WORLD

OCTOBER 2017

MON

TUE

WED

THUR

FRI

**NATIONAL
SCHOOL
LUNCH
WEEK**

OCTOBER 9-13
squaremeals.org/nslw

Student Holiday
2

Mini bagels
Riblets, Garlic Bread, Pinto beans, Fruit 3

Egg & Toast
Hamburger, French fries, Fruit 4

Muffin
Pizza sticks with Marinara, Corn, Fruit 5

Breakfast Pizza*
Barbecue on a bun*, Pork 'n' beans*, Fruit 6

Cereal
Steak fingers, Blackeyed peas, Pears 9

Cinnamon French Toast
Soft tacos, Pintos, Fruit 10

Biscuit & Sausage*
Cornog, French fries, Fruit 11

Waffles
Quesadilla, Corn, Fruit 12

Breakfast wrap
Grilled cheese, Carrot sticks, Fruit 13

Cereal
Chicken nuggets, Mashed potatoes & Gravy, Strawberry applesauce 16

Scrambled Eggs
Spaghetti & Meatballs, Green beans, Fruit 17

Pancake on a stick*
Hamburger, French fries, Fruit 18

Kolache*
Pizza, Corn, Fruit 19

Muffin
Grilled chicken, Breadstick, Broccoli, Fruit 20

Cereal
Steak fingers, Green beans, Peaches 23

Breakfast Wrap
Beef & Cheese Nachos, Pinto Beans, Fruit 24

French Toast Sticks
Hotdog, Tater Tots, Fruit 25

Biscuit & Sausage*
Burrito, Corn, Fruit 26

Cheese Pizza stick
Mandarin Chicken, Fried Rice, Stir Fry vegetables, Fruit 27

Cereal
Popcorn
Chicken, Mashed potatoes, Apples 30

Mini bagels
Riblets, Garlic bread, Pinto beans, Fruit 31

Good Eats at:
West Groves
Early Learning Center

SPECIAL ANNOUNCEMENTS

Breakfast Price \$1.25
Lunch Price \$2.25
Low fat white milk served daily.
*notes a pork item

FUN FACTS ON BACK!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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