

September 2017—Middle School Menu—Port Neches Groves ISD

Menu subject to change due to availability of food items. \* May contain pork —Child must take fruit or juice with breakfast item Available daily at breakfast: Assorted cereals, Fruit juice & Pop-Tarts - All meals offer assorted fat free flavored milk or 1% white milk

Mon	Tue	Wed	Thu	Fri
Breakfast Price: \$1.35 Lunch Price: \$2.75	Lunch payments can be Processed online on our png webpage: <a href="http://www.pngisd.org">www.pngisd.org</a> , select departments, select Child Nutrition, select link for Lunch money now	6 Egg & Cheese Wrap Lasagna or Spaghetti, Corn, Green Beans, Breadstick, Mandarin Oranges, Fresh fruit	7 Cinnamon French Toast Frito Pie or Quesadilla, Sweet potato fries, Pinto beans, Applesauce, Fresh fruit, Cookie	1 Mini Pancakes Cheese Pizza or Link on a bun, Steamed red potatoes, Baked beans, Diced Pears, Fresh fruit
11 Breakfast Pizza* Spicy Chicken Burger or Sloppy Joe on a bun, Curly Fries, Lima Beans, Sliced Peaches, Fresh fruit	5 Cocoa Cherry Bar & Yogurt Buffalo Chicken Pizza or Hotdog on a bun, Italian blend vegetables, Black-eyed peas, Pineapple, Fresh fruit	13 Sausage Biscuit* Turkey Pepperoni Pizza or Chicken Fajita Taco, Corn, Broccoli, Mandarin Oranges, Fresh fruit	14 Omelet w/ Tortilla Cheese Nachos or Beef Ribs on a bun, Romaine salad with tomatoes, Pinto beans, Applesauce, Fresh fruit	8 Banana Bread Fish Sticks or Hot Ham * & Cheese, Cucumber & Tomatoes, Squash, Diced Pears, Fresh fruit
18 Cinna Mini Roll Oven fried chicken or Red beans w/ turkey sausage, Rice, Corn muffin, Scalloped potatoes, Broccoli, Peaches, Fresh fruit	12 Blueberry Bagel Meatballs or Turkey Pot Roast, Rice with gravy, Yams, Sweet peas, Pineapple, Fresh Fruit, Cookie	20 Manager's Choice	21 Waffles Spaghetti with Meat sauce or Chicken Nuggets, Green salad with tomatoes, Squash, Applesauce, Fresh fruit	15 Donut Minis Asian bowl with chicken & rice or Pizza sticks with marinara, Zucchini, Stir fry vegetables, Diced Pears, Fresh fruit
25 Breakfast Pizza* Salisbury steak with gravy or Chicken Tenders, Mashed potatoes, Green beans, Mashed potatoes, Roll, Peaches, Fresh fruit	19 Cheese stuffed pizza stick Buffalo Chicken pizza or Burrito, Corn, Green Beans, Pineapple, Fresh Fruit, Cookie	27 Kolache* Pizza stick with Marinara sauce or Frito Pie, Carrot & Celery sticks, Tater tots, Mandarin oranges, Fresh fruit	28 Muffin & Yogurt Chicken spaghetti with breadstick, Taco Roll, Romaine salad with tomatoes, Pinto beans, Applesauce, fresh fruit	22 Honey Bun Fish Burger or Chili Dog, French fries, Coleslaw, Diced pears, Fresh fruit
	26 Scrambled Egg & Tortilla Mandarin chicken or Pork chops with gravy, Rice, Black-eyed peas, Stir fry vegetables, Pineapple, Fresh fruit			29 French Toast Sticks Fish Burger or Cheeseburger, Corn on the cob, Broccoli, Pears, Fresh fruit, Cookie